



The basic spot is based upon where a foul is committed and where the ball becomes dead.

The basic spot could be one of the four possible spots:

1. The Previous Spot
2. Where the Kick Ends
3. Where the Related Run Ends
4. The Succeeding Spot

Using one of the 4 spots allows me to enforce the appropriate foul and from where we do it.

Here are 4 examples of the 4 above spots.

1. FMM behind the LOS-Previous Spot
2. Holding on B during punt return behind where the ball becomes dead-Enforcement is from Spot of Foul
3. FMM by Team B @ the 50, Team A scores TD. Basic Spot is the EZ-Enforce on Try or Free Kick
4. QB is roughed and pass is completed-Enforce at Succeeding Spot.

Many fouls have an enforcement that is specified with a spot that is absolute in where you enforce the foul from. For example: False Start, Offside, Kick-Catch Interference, DPI (less than 15 yards), etc are always enforced from the previous spot.

Then there are those fouls that do not have a spot persay specified in their enforcement, in other words "previous spot." Whenever you have a foul like this you have the "3 and 1 Principle." This enforcement applies only when there is no specified spot to enforce it from.

The key to 3 and 1 is that the ball either is "in possession" or "not in possession" and the foul occurs either behind or beyond the basic spot for that play. So in other words you have 2 teams and 2 possible locations which equal 4 kinds of fouls hence 3+1 or the 3 and 1 principle.

If the foul occurs by the team "not in possession" whether the foul is BEHIND or BEYOND the basic spot the penalty is enforced from the basic spot.

If a foul occurs by the "team in possession" BEYOND the basic spot the penalty is enforced from the basic spot.

Keep in mind that the reference is to Team A or Team B but to the "team in possession" or the "team NOT in possession." This is where the "3" comes from. The "1" indicates the "fourth" which is "by the team in possession" BEHIND" the basic spot, hence the penalty is enforced from the spot of the foul. I hate using phrases such as "what hurts the team the most" but essentially that is what it is.

To use the 3 and 1 we must know what the basic spot is. It serves as a benchmark for us to enforce a foul. It will always be the "end of the run", "previous spot", or "post-scrimmage kick spot."

Here is a simple way to put all of this together.

Let's say your Basic Spot is the 50. You have a "team in possession" going SOUTH on the field.

1. The team NOT in possession fouls BEHIND the Basic Spot at A's 45 yard line. You can then move the enforcement to the 50 (that is 1 of the 4.)
- 2.If the team NOT in possession fouls BEYOND the Basic Spot at B's 30 yard line you enforce back at the 50 (that is 2 of the 4.)
- 3.If the team IN possession fouls BEHIND the Basic Spot at the A45 yard line you use the spot of the foul to enforce the penalty NOT the 50 (that is 3 of 4)
- 4.If the team IN possession fouls BEYOND the Basic Spot at the B45 yard line you use the Basic Spot (50 yard line) to enforce the penalty.